

Thermal Bathhouse & Spa



Experience a Variety of Therapeutic Treatments

The Arlington offers a host of therapeutic treatments to help you relax, including:

- Hydrotherapy (thermal mineral water whirlpool bath) and Massage Combo
- 20-Minute Thermal Mineral Water Whirlpool Bath
- Sitz Baths
- Dry Sauna
- Wet Steam or Aromatherapy Steam
- Pressurized Shower
- Hot and Cold Packs
- Massages (Singles or Couples)
*Trouble Spot, Reflexology (foot),
Hot Stone, Swedish*
- Body Scrubs
Salt & Sugar
- Body Wraps
Tropical, Seaweed, Mud



Take care of yourself
by letting us take care of you!

Thermal Bathhouse & Spa Rates

Effective April 1, 2010

Thermal Mineral Water Bath	\$26.00
The Works	\$60.00
<i>Thermal mineral water bath and 20 minute massage. These procedures are included in our Spa Package.</i>	



MASSAGE THERAPY

20 minutes	\$34.00
40 minutes	\$70.00
60 minutes	\$95.00

SPECIALTY SPA SERVICES



Trouble Spot Massage, 30 minutes	\$50.00
Deep Tissue Massage, 40 minutes	\$85.00
Reflexology Foot Massage, 30 minutes	\$50.00
Hot Stone Massage, 50 minutes	\$95.00
Hot Stone Massage, 75 minutes	\$120.00
Body Scrubs	\$90.00
<i>Exfoliate your body with a personalized salt or sugar scrub.</i>	
Tropical Body Wrap-Passion Mango	\$100.00
<i>De-aging skin rejuvenating, skin is revitalized, firmer and brighter.</i>	
Seaweed Body Wrap	\$99.00
<i>Detoxifies, exfoliates, refines skin and stimulates circulation.</i>	
Mud Body Wrap	\$95.00
<i>Detoxifies your body while reducing stress and soothing the body.</i>	
Pervonia European Facial	\$65.00
<i>Detoxifying, corrective facial.</i>	

Couples rooms available
for all specialty services for an
extra \$10.00 per couple.



Bathhouse Hours

Open 7 Days

Monday - Wednesday7:00am - 5:00pm
Thursday - Saturday7:00am - 9:00pm
Sunday7:00am - 2:00pm

Closed Christmas Day

Reservations are required and taken up to 4 months in advance.

PRICES AND TIMES ARE SUBJECT TO CHANGE.



THE
ARLINGTON
RESORT HOTEL & SPA

Relax at The Arlington
The Heart of Historic Hot Springs National Park

Thermal baths and spa.
A national park outside any door.
Great dining choices.
Twin cascading outdoor pools.
Championship golf courses.
Private beauty and facial salon.



THE
ARLINGTON
RESORT HOTEL & SPA

THE HEART OF HISTORIC HOT SPRINGS NATIONAL PARK

239 Central Avenue, Hot Springs National Park, AR 71901

**FOR RESERVATIONS OR INFORMATION CALL
501-623-7771 or 800-643-1502 • Fax 501-623-2243**

www.ArlingtonHotel.com

E-mail: info@ArlingtonHotel.com

American Express, Discover, Diners Club, MasterCard, VISA accepted

**THERMAL BATHHOUSE
& Spa**

Located on the 3rd floor of the hotel.



Relax & Rejuvenate

IN THE SOOTHING, HEALING WATERS
OF HOT SPRINGS NATIONAL PARK